

## PERSONAL INFORMATION

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Nationality German

## SUMMARY

- over 20 years experience in the field of media: TV journalism and directing, photography, writing, consulting/training (development cooperation)
- degree in design studies with a major in photography, education in TV journalism
- Academic and professional experience abroad (Africa, Asia, Australia, South America)
- 3 years experience as certified Iyengar yogateacher (IYD)
- further skills: body worker, integrative breath therapy practitioner, Reiki practitioner (Grade3),
- Working languages: German, English, French

## PROFESSIONAL EXPERIENCE

**2018-current: IYENGAR YOGATEACHER and BODYWORKER**

**2016-current FREELANCE TV-JOURNALIST**, author and director for informational programs (HEALTH TV) and director for entertainment programs (VOX, DMAX)

**2014-2016 PHOTOGRAPHER for Caritas International (Haiti, India, Colombia, Ukraine, Brazil, Greece):** project documentation (photography, text, audio) on following issues: refugees, child rights/child labor, sexual abuse, support of indigenous people, handicapped people

**2013-2016 TRAINER for Deutsche Welle Academy (Togo, Afghanistan, Ukraine):** Training of local radio-and TV-journalists in production of community centered and participatory radio shows, news- and children-TV. Further training ("train the trainer") for academic staff at Herat University/Afghanistan (TV-journalism)

**2007-2012 FREELANCE TV-JOURNALIST**, author and director for informational and entertainment programs (ZDF, VOX)

**2011: VOLUNTEER VIDEOGRAPHER for Alianza Arkana (NRO), Peru:** Documentation of environmental projects in the Amazon (video, photography).

**04/06 – 06/07 EDITOR FOR TV, Cologne/Germany, West German Broadcasting Corporation (WDR):**Responsible for a weekly program focused on integration and migration issues. Field of activity: Researching, acquisition, organization, conception, directing.

**09/03 – 01/06 CONSULTANT IN MEDIA AND PR, Ouagadougou/Burkina Faso, German Development Service (DED):** Consulting journalists in TV- and radio production and publishing; improving and managing a network of journalists; organization

and carry out of trainings in co-operation with »Deutsche Welle«. PR-consulting for local counterparts, Photography/Layout; exhibitions and press-conferences.

- 03/02 - 09/03** **FREELANCE JOURNALIST TV/RADIO, WDR, Cologne/Germany:**  
Production of TV and radio documentaries (health program)  
**July 2003** photographer+ writer for **DED, Kabul/Afghanistan** (project documentation)
- 03/02 - 06/02** **RESEARCH SCHOLARSHIP, Nepal (Heinz-Kühn Foundation)**  
Journalistic research about development of tourism in Nepal, its economic and ecological effects and current decline due to civil war.
- 02/01 - 03/02** **EDITOR FOR TV, WDR/ARD, Cologne/Germany and abroad**  
Editorial responsibility of weekly program focused on gender issues.  
Research of topics; realization/organization of studio production.  
Replacement of correspondent in **Nairobi/Kenya**
- 07/99-12/00** **TRAINING IN TV & RADIO JOURNALISM, WDR Cologne** (see below)
- 08/97 - 06/99** **FREELANCE JOURNALIST (TV), Cologne/Germany (WDR)**  
Production of reports for children's educational program  
Field of activity: Research, acquisition, organization, conception, directing.
- 11/96 - 06/97** **MULTIMEDIA DESIGNER AND EDITOR**  
Digivision, Multimedia, Cologne/Germany: Development of interactive educational projects for high school English courses. Visual conception and journalistic content of website.
- 01/96 - 06/96** **INTERNSHIP TV JOURNALISM, Nairobi/Kenya**  
(See "Internships and further trainings")

## **INTERNSHIPS AND FURTHER TRAININGS**

- 2011-2018** **IYENGAR YOGA TEACHER TRAINING**
- 06/15** **JOURNALIST-TEACHER TRAINING, Berlin/Germany**  
Deutsche Welle Corporation, Trainers seminar for TV- and Radio Journalism
- 02/14** **Security training for journalists, Germany**  
Protection and behavior in crisis centers for journalists.
- 2009-2017** **HOLISTIC TRAINING: (India, Peru, Germany)**  
Massage-and breath-therapy, Reiki, non-violent communication
- 09/04 - 10/04** **JOURNALIST-TEACHER TRAINING, Ouagadougou/Burkina Faso**  
Deutsche Welle Corporation, Trainers seminar for Radio Journalism.
- 09/03 - 11/03** **FURTHER SEMINAR, InWent/DED, Germany**  
Training as expert in project work for NGO/GO partnerships  
Cross-cultural communication; consulting; project management.
- 07/99 - 12/00** **TRAINING TV & RADIO JOURNALISM, WDR Cologne/Germany**  
Qualification: Editor for TV & Radio

- 01/96 - 04/96**    **INTERNSHIP TV JOURNALISM, Cologne/Germany, Nairobi/Kenya**
- 10/94 - 12/94**    **VOLUNTEER IN PROJECT-EVALUATION, GTZ Addis Ababa, Ethiopia**  
 photographic documentation and evaluation

## EDUCATION

- 10/90 - 12/95**    **SCHOOL OF DESIGN, Fachhochschule Würzburg/Germany**  
 Graduation as DIPLOM-DESIGNER (Degree in Design)  
 Specialist area of study: Photomedia and Graphic Design  
 Graduation work: Illustrated book with photo-documentaries on Ethiopian culture, mainly based on social, historical, and economical issues.
- My course included a period of study abroad:
- 02/93 - 06/93**    **SCHOOL OF ARTS, Australian National University, Canberra/Australia**  
 Major: Photomedia, submajor: Sculpture, Life Drawing, Art History  
 Set Project: Production of narrative work, using photographs and text, based on Aboriginal legends.
- 09/85 - 06/89**    **SECONDARY EDUCATION - ABITUR (A-Level), Tübingen/Germany**  
 Geschwister-Scholl-Schule. Main subjects: languages, arts

## ADDITIONAL SKILLS

- Languages**    German: native speaker  
 English: excellent knowledge (spoken and written)  
 French: good knowledge (spoken and written)
- Software and technical skills**    Photoshop, MS Office, InDesign, QuarkXPress, Wordpress  
 Basics in audio- and video editing programs (Final CutX, Audacity)